Harm Reduction includes methods, programmes and practices to minimise the negative health, social and economic consequences of using psychoactive drugs. Abstinence is not necessarily the main objective of this approach.

Sources:
- UNODC WDR (2019)
- UNAIDS (2019), HEALTH, RIGHTS AND DRUGS, UNAIDS

Learn more on www.gpdpd.org
SAFER DRUG USE EQUIPMENT
as clean needles and syringes are estimated to reduce infections with ...

HIV ↓ 70%
hepatitis C ↓ 40%

LOW-THRESHOLD TESTING, COUNSELLING AND TREATMENT
FOR HIV & HEPATITIS C
reduce viral loads among the general population by 81% and cut down hepatitis C cases by 95%
OPIOID SUBSTITUTION THERAPY reduces HIV infections among people who inject drugs by 54%.