

HARM  
REDUCTION  
SAVES LIVES

# HARM REDUCTION PUT IN PRACTICE

Harm Reduction includes methods, programmes and practices to minimise the negative health, social and economic consequences of using psychoactive drugs. Abstinence is not necessarily the main objective of this approach.



## SAFER DRUG USE EQUIPMENT

as clean needles and syringes are estimated to reduce infections with ...

HIV ↓ 70%  
hepatitis C ↓ 40%



## LOW-THRESHOLD TESTING, COUNSELLING AND TREATMENT FOR HIV & HEPATITIS C

reduce viral loads among the general population by

81% ↓

and cut down hepatitis C cases by

95% ↓

Learn more on [www.gpdpd.org](http://www.gpdpd.org)





## OPIOID SUBSTITUTION THERAPY

reduces HIV infections  
among people who inject  
drugs by

↓ 54%

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